

Malmesbury Area Board
16 March 2011

Outside Body Appointments

Councillor Simon Killane – Activity Zone Leisure Centre Advisory Committee

1. What is the purpose of the outside body to which you are appointed?

Leisure provision for the whole Malmesbury community.

2. How many meetings have been held since May 2010?

Two meetings have been held since May 2010.

3. How many of those meetings have you attended?

Councillor Killane had attended all two meetings.

4. What issues have been discussed with the outside body?

Growing the range of activities for everyone in the community, no matter how active they are.

5. What actions have the outside body implemented?

We have been working with a number of Wiltshire Council departments to access funding for activities. The two main projects we have been running are:

Free Time – Through the extended services department and schools we have been able to offer either places on courses or vouchers for children 16 and under whose parents may not otherwise be able to afford these.

Sports Unlimited – This is a Sport England initiative to get “non sporty” children taking part in some form of exercise. We have worked with the Wiltshire Council sports development team to deliver Cheerleading. Hopefully after the initial course we can make the sessions sustainable.

Other new activities for children include:

- Discounted 1-2-1 swimming lessons for disabled children
- Extra swimming club session
- Street dance.

Regarding adult activities, in the last two months we have launched Zumba which is Latin-inspired dance-fitness program. This has proved to be very popular with our users and we are looking at how we can increase the classes we offer.

In March we are launching KETT FIT. This is a four week fitness program using our new kettle bells. Kettle bells are weights shaped like a cannonball with a handle. They are excellent for whole body training specifically legs, back and core.

Other activities include:

- Malmesbury netball club. We have helped facilitate the start of this club
- Health link. This is a referral scheme where people get referred from their GP to the centre
- Our 50+ group continues to grow and we have at least 30 people coming each week to play sport and socialise.